Discussing Race and Racism with Young People Webinar: Resources

ADL General Resources:
Lesson Plans: A collection of individual lessons and multi-grade units that assist educators in teaching current event news topics and helping students think critically about past and current issues of the day. Use the filters on the side to choose a particular topic or age group.

Table Talks: Discussion guides that help parents and family members engage their families in conversations about important news stories and other timely discussions about societal and world events.

Books Matter: The Best Kid Lit on Bias, Diversity and Social Justice: Bibliography of recommended children’s books. Includes Book of the Month educator and parent discussion guides with vocabulary, discussion questions and extension activities.

ADL Resources Highlighted in the Webinar:
George Floyd, Racism and Law Enforcement
10 Ways Youth Can Engage in Activism
Race Talk: Engaging Young People in Conversations about Race and Racism
When Perception and Reality Collide: Implicit Bias and Race
How to Talk about Race in My Mostly White Classroom
Teaching About Racism, Violence, Inequity and the Criminal Justice System

Non-ADL Resources
Suggested Reading for Adults
White Fragility: Why It’s So Hard for White People to Talk about Racism by Robin DiAngelo
The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
How to Be an Antiracist by Ibram X. Kendi
Me and White Supremacy by Layla Saad

Suggested Reading for Ages 12+
The Hate U Give by Angie Thomas (ages 14+)
All American Boys by Jason Reynolds and Brendan Kiely (ages 12+)
Stamped: Racism, Antiracism and You by Jason Reynolds and Ibram X. Kendi (ages 13+)

Suggested Reading for Elementary/Younger
The Snowy Day by Ezra Jack Keats (ages 0-3)
Hair Love by Matthew A. Cherry (ages 3-5)
Sulwe by Lupita Nyong’o (ages 4-8)

Suggested Articles/Readings
How Much Racism Do You Face Every Day?—Article from the New York Times that allows readers to compare their experience with racism to the experiences of 100 black teenagers
Talking About Race—Resource from the National Museum of African American History & Culture